GBO Fall 2022 Sensory Guide

 $Berkeley |_{\text{Services}}^{\text{New Student}}$

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Icon Key



Vision

This event may involve activities with visual stimulation such as lights, colors, or flashing/strobe lighting.



Groups

This event may involve large amounts of social engagement in large groups, teams, or crowds.



Hearing

This event may involve activities with auditory stimulation such as loud sounds, noise, or music.



This event may involve activities with physical activity such as running, jumping, dancing, or similar movements.



FALL 2022 GBO FIRST YEAR SENSORY GUIDE

WEDNESDAY August 17

THURSDAY August 18

Chancellor's New

Student Convocation

***** (7**) **(7)**

FRIDAY August 19 **SATURDAY** August 20

SUNDAY August 21

MONDAY August 22 **ADDITIONAL RESOURCES**

GBO Check-In

August 18-22

Group Meetings

OL Choice (varies)

* (* (§))

(((G) **202**

Bear Pact Performance



Day in the Bay: • Bay Cruise



- Oakland Ice Center
- **Oakland Museum**
- Plank
- SF MOMA



My Golden Years



College Programming



Racial Justice &

Advocacy Workshop

ADA Accessible Routes tinyurl.com/ ADA-routes



DAILY **Bear Foundations**



Intro to Berkeley





ADA Accessible

Restrooms ADA-restroom



Banner Signing



Affinity Spaces



(((a) 1818

Full Sensory Guide tinyurl.com/



Residence Hall Socials



DSP/DAC Contact Info

DSP: dsp@berkeley.edu Report/request Disability Service: ac.berkeley.edu/request-service

Meals

- Dining Halls (Breakfast, Lunch, Dinner)
- Food Trucks (Lunch, Dinner)
- Intro to Berkeley (Lunch)



Late Night Programming (varies)









Icon Key



Vision

This event may involve activities with visual stimulation such as lights, colors, or flashing/strobe lighting.



This event may involve activities with auditory stimulation such as loud sounds, noise, or music.



Groups

This event may involve large amounts of social engagement in large groups, teams, or crowds.



This event may involve activities with physical activity such as running, jumping, dancing, or similar movements.

GBO Fall 2022 Map GBOF22Map



FALL 2022 GBO TRANSFER SENSORY GUIDE





• Intro to Berkeley

(Lunch)

* (P)

Late Night

Programming

(varies)

*** ()**

Vision

This event may involve activities with visual stimulation such as lights, colors, or flashing/strobe lighting.



This event may involve large amounts of social engagement in large **Groups** groups, teams, or crowds.



This event may involve activities with auditory stimulation such as loud sounds, noise, or music.



This event may involve activities with physical activity such as running, jumping, dancing, or similar movements.



Additional Resources

ADA Accessible Routes



DSP Contact Info

DAC Contact Info

Help Desk

@ Upper Sproul 8:00am-6:00pm (510) 642-7733 nss@berkeley.edu

GBO 2022 Full Map





TYPE	EVENT	VISION	HEARING	GROUPS	PHYSICAL
	Affinity Spaces	Low	Medium	50+	None
	Alumni Mixer	Low	Medium-High	900+	Low
	Banner Signing	None	None	50+	None
	Bear Foundations	Low	Medium	7,000+	None
Σ	Bear Pact Performance	Medium	High	2,000	None
Z	Cal to Career Connections	None	Low	500	None
Š	Chancellor's New Student Convocation	Medium-High	High	7,000+	Low-High
7	College Programming	Medium-High	High	900	Low-High
R .	Group Meetings	None	Medium	30-50	None-High
GBO GENERAL EVENTS	Intro to Berkeley	Low	Medium	40+	Low
9	Meals: Dining Halls	Low	Low-High	200	Low
B	Meals: Food Trucks	None	Low-High	100+	None
U	My Golden Years	Low	Medium	2,200	None
	Racial Justice & Advocacy Workshop	Low-Medium	Medium	500+	None
	Residence Hall Socials	None-High	High	300+	Low-High
	Resource Fair	None	Medium	400	Low
	Transfer Student Welcome	Low	Medium	900+	None



TYPE EVENT GROUPS PHYSICAL VISION HEARING Low-Medium 250 None **Board Games** Low Carnival Medium-High High Low-High 900 Casino Night Low-Medium Medium 400 None LATE NIGHT PROGRAMMING Low-Medium Medium Comedy Show 2,200 None High Field Day None Medium-High 350 Jaguar Karaoke High High 25 Low-High **Hypnotist** Medium Medium-High 2,200 None <u>Dueling Pianos: Concert on the Glade</u> Medium High None 300 Magician Medium High 2,200 None **Games on Sproul** High High Low-High 200 Paint the Night High High Medium 500 Medium-High High Medium-High Silent Disco 500 Student Feud Medium Medium None 500 Trivia Low Medium 400 None Medium Medium Jericho! 200 None Movie on the Glade Medium Medium-High 2,000 None High **Drag Bingo** High 900 None



TYPE	EVENT	VISION	HEARING	G GROUI	PS PHYSICAL
OL CHOICE (varies)	BAMPFA	Low	Low	Low-High	Low
	Bay Street Emeryville	None	Medium	Low-High	Low
	Berkeley Marina	Low	Medium	Low-High	Low
<u>څ</u>	Berkeley Rose Garden	Low	Low	Low-High	Low
8	Big C Hike	None	Low	Low-High	High
፬	UC Botanical Garden	Low	Low	Low-High	Low-Medium
t	Fourth Street Shops	Low	Low	Low-High	Low
6	Indian Rock Park	None	Low-Medium	Low-High	High
	Bay Cruise	Low	Low-High	500+	Low
BA	Chinatown Walking Tour	Low	Medium-High	200+	High
뿦	Company Visits	Low	Medium	25+	Low
DAY IN THE BAY	Oakland Ice Center	Low	High	400+	High
	Oakland Museum	Low	Low-Medium	300+	Low
	<u>Plank</u>	High	High	500+	Low-High
	SF MOMA	Low	Low-Medium	500+	Low
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TYPE	EVENT	VISION	HEARING	GROUPS	PHYSICAL
	Affinity Spaces	Low	Medium	50+	None
	Alumni Mixer	Low	Medium-High	900+	Low
	Banner Signing	None	None	50+	None
	Bear Foundations	Low	Medium	7,000+	None
N	Bear Pact Performance	Medium	High	2,000	None
Z	Cal to Career Connections	None	Low	500	None
EVENTS	Chancellor's New Student Convocation	Medium-High	High	7,000+	Low-High
	College Programming	Medium-High	High	900	Low-High
GBO GENERAL	Group Meetings	None	Medium	30-50	None-High
Z	<u>Intro to Berkeley</u>	Low	Medium	40+	Low
9 (Meals: Dining Halls	Low	Low-High	200	Low
BC	Meals: Food Trucks	None	Low-High	100+	None
U	My Golden Years	Low	Medium	2,200	None
	Racial Justice & Advocacy Workshop	Low-Medium	Medium	500+	None
	Residence Hall Socials	None-High	High	300+	Low-High
	Resource Fair	None	Medium	400	Low
	Transfer Student Welcome	Low	Medium	900+	None



TYPE	EVENT	VISION	HEARING	GROUPS	PHYSICAL
	Board Games	Low	Low-Medium	250	None
	Carnival	Medium-High	High	900	Low-High
	Casino Night	Low-Medium	Medium	400	None
٥	Comedy Show	Low-Medium	Medium	2,200	None
5	Field Day	None	Medium-High	350	High
Σ	Jaguar Karaoke	High	High	25	Low-High
₹	<u>Hypnotist</u>	Medium	Medium-High	2,200	None
PROGRAMMING		Medium	High	300	None
PR	Magician	Medium	High	2,200	None
높	Games on Sproul	High	High	200	Low-High
NIGHT	Paint the Night	High	High	500	Medium
	Silent Disco	Medium-High	High	500	Medium-High
LATE	Student Feud	Medium	Medium	500	None
	Trivia	Low	Medium	400	None
	Jericho!	Medium	Medium	200	None
	Movie on the Glade	Medium	Medium-High	2,000	None
	Drag Bingo	High	High	900	None



TYPE	EVENT	VISIO	N HEARING	GROUPS	PHYSICAL
(Si	BAMPFA	Low	Low	Low-High	Low
	Bay Street Emeryville	None	Medium	Low-High	Low
arie	Berkeley Marina	Low	Medium	Low-High	Low
<u>></u>	Berkeley Rose Garden	Low	Low	Low-High	Low
8	Big C Hike	None	Low	Low-High	High
<u> </u>	UC Botanical Garden	Low	Low	Low-High	Low-Medium
OL CHOICE (varies)	Fourth Street Shops	Low	Low	Low-High	Low
OL	Indian Rock Park	None	Low-Medium	Low-High	High
	Bay Cruise	Low	Low-High	500+	Low
3A)	Chinatown Walking Tour	Low	Medium-High		High
Ÿ.	Company Visits	Low	Medium	25+	Low
DAY IN THE BAY	Oakland Ice Center	Low	High	400+	High
	Oakland Museum	Low	Low-Medium	300+	Low
	<u>Plank</u>	High	- High	- 500+	Low-High
	SF MOMA	Low	Low-Medium	500+	Low

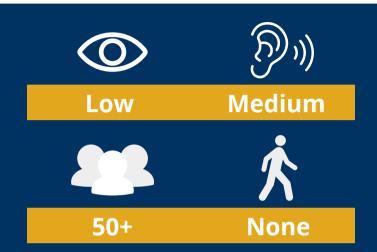


Affinity Spaces

Students will have the opportunity to attend different socials and sessions hosted by identity-based campus departments and will get to participate in the programming offered by them.



Various Locations (Indoors/Virtual)

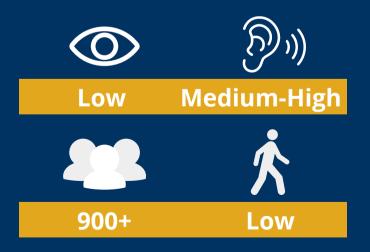


Alumni Mixer

Transfer students will have the opportunity to learn career tips and information from alumni working in different industries.



Memorial Glade (Outdoors)

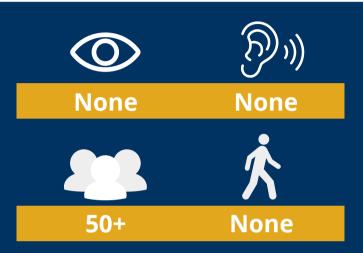


Banner Signing

Students will sign the Class of 2024 and Class of 2026 Banner, which will be hung at the respective graduation ceremonies.



Upper Sproul (Outdoors)

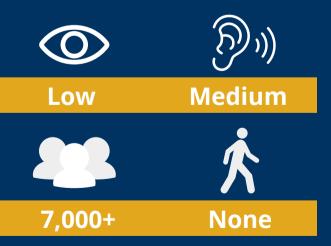


Bear Foundations

Bear Foundations is a large-group conversation followed by a small group discussion about community and identity for new students. There is also a Students will learn about UC Berkeley's Principles of Community, Othering, and Belonging, and reflect on their identity and relationship with campus.

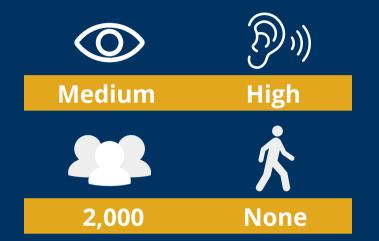


Haas Pavilion (Indoors)



Bear Pact Performance

Bear Pact is a *mandatory* performance that will teach you about important issues faced by college students: sexual violence and harassment, related policies, reporting options, and resources, mental health, bystander intervention, alcohol and substance use.





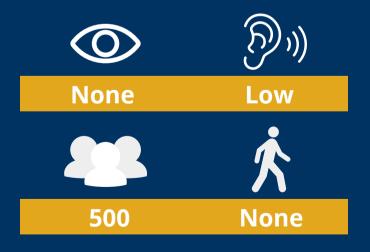
Zellerbach Hall (Indoors)

Cal to Career Connections

Cal to Career Connections is a presentation put on by the Career Center that features several counselors with expert insights and tips on how you can use the resources of the broader Cal community for career advancement.



Pauley Ballroom (Indoors)

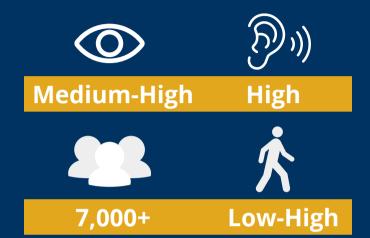


Chancellor's New Student Convocation

During Convocation, Chancellor Carol Christ and campus administration will formally welcome the incoming class to UC Berkeley.



Haas Pavilion (Indoors)

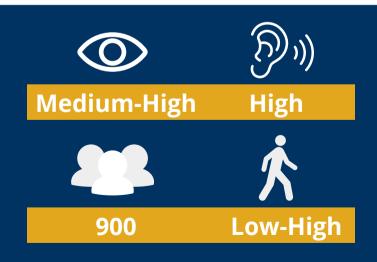


College Programming

College Programming consists of programming designed by each college (e.g College of Letters and Science, College of Natural Resources) to prepare students for life in that specific academic environment.



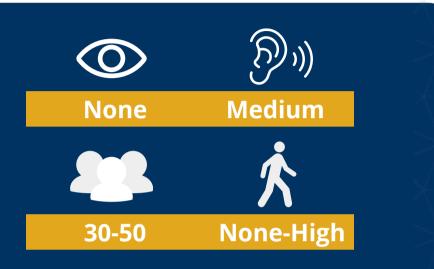
Various Locations (Indoors)



Group Meetings

Students will engage in dialogue and community building with a small group of their peers and Orientation Leaders.

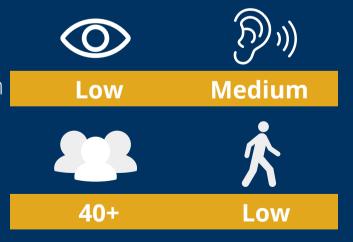
Lair (Indoors or Outdoors)



Intro to Berkeley

Students will travel down Telegraph Ave. with their group and enjoy a meal.

Telegraph Ave. (Indoors/Outdoors)



Meals: Dining Halls

Meals can take place at any of the following dining halls: Foothill, Crossroads, Clark Kerr, Cafe 3.





Dining Halls (Indoors/Outdoors)

Meals: Food Trucks

Meals from a variety of food trucks.





Campanile Esplanade (Outdoors)

My Golden Years

Students will be able to hear from some of our Orientation Mentors about their time at Berkeley so far.



None

2,200



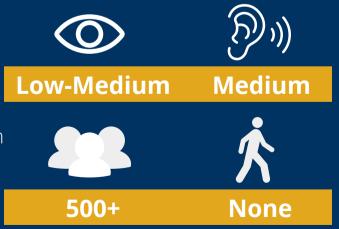
Zellerbach Hall (Indoors)

Racial Justice & Advocacy Workshop

A speaker will discuss activism and allyship, as well as address the ways in which those that are harmed from racism and find healing and peace.



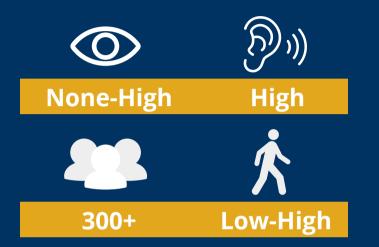
Pauley Ballroom (Indoors)



Residence Hall Socials

Social gatherings organized by Residential Assistants for each of the residence halls.

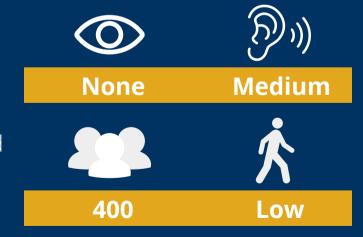
Residence Halls (Indoor/Outdoor)



Resource Fair

The Campus Department Resource Fair will introduce incoming students to 40+ campus departments, including Berkeley Study Abroad and University Health Services.

Upper Sproul (Outdoors)



Transfer Student Welcome Transfer Student Welcome is a program in partnership with the Transfer Center, with its main goal being to welcome all transfer students to the Berkeley community and to discuss services and resources available to them. Pauley Ballroom (Indoors) Transfer Student Welcome Low Medium Medium None

Board Games

Board games will be available to check out on the second floor of MLK Jr. Student Union.





MLK Jr. Student Union, 2nd floor (Indoors)

Carnival

An event filled with competitive carnival games and thrilling rides.



250



None

Medium-High

High





900

Low-High

Upper and Lower Sproul (Outdoors)

Casino Night

An event featuring various casino games like blackjack, poker, and more.





Pauley Ballroom (Indoors)

Comedy Show

A performance by a comedian.



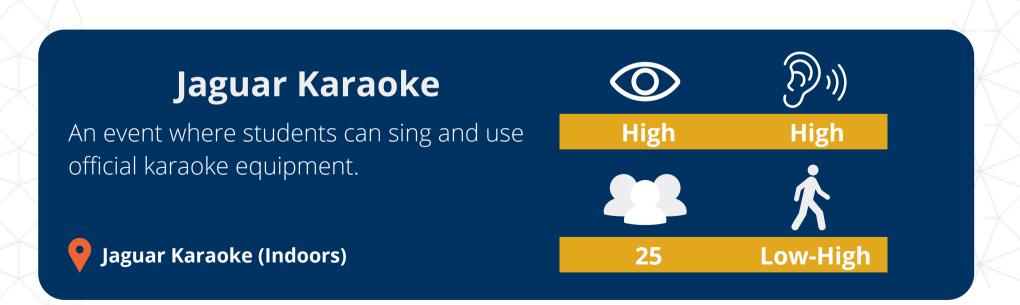
2,200



Zellerbach Hall (Indoors)

None

Field Day Play various games at Memorial Glade. **Medium-High** None **Memorial Glade (Outdoors)**



High

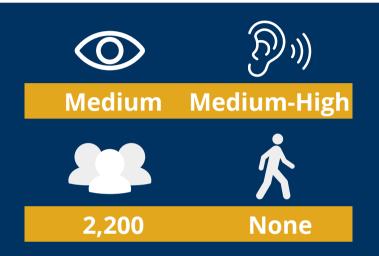
Hypnotist

A performance by a hypnotist.

• Note: There is a possibility for voluntary student participation in the performance that would require high level physical movement.



Zellerbach Hall (Indoors)

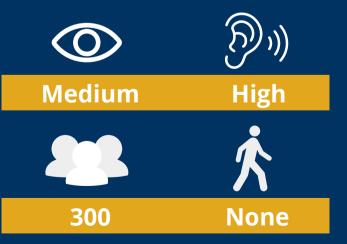


Dueling Pianos: Concert on the Glade

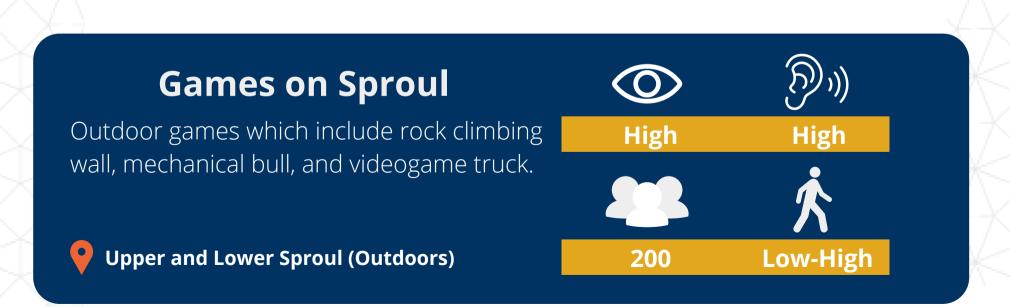
An interactive and lively performance by two talented pianists.



Memorial Glade (Outdoors)



Magician A performance by a magician. Medium High Zellerbach Hall (Indoors) 2,200 None

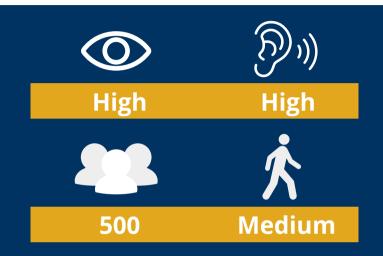


Paint the Night

An event featuring colorful lights, art structures, and sculptures.



Campanile Esplanade (Outdoors)

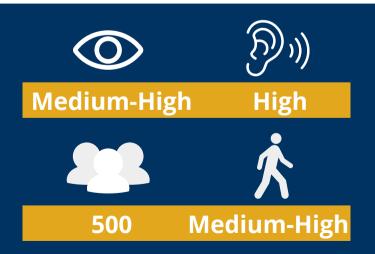


Silent Disco

A silent dance party with headphones that allow you to select your music channel of choice.



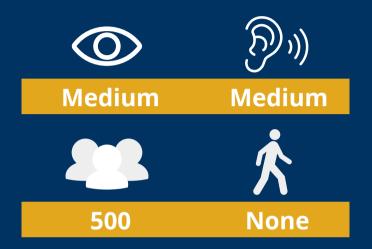
Lower Sproul (Outdoors)



Student Feud

Friendly competition between students similar to Family Feud.

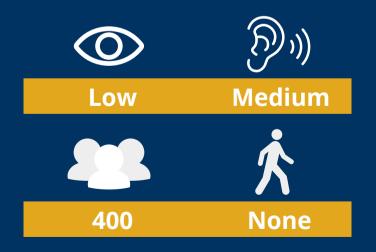




Trivia

A trivia competition between GBO groups with a chance to win prizes.





Jericho!

An improvisational comedy show run by Berkeley's oldest student improv troupe.





Dwinelle 145 (Indoors)

Movie on the Glade

A movie will be played on Memorial Glade.



200



None

Medium Medium-High





Memorial Glade (Outdoors)

2,000

None

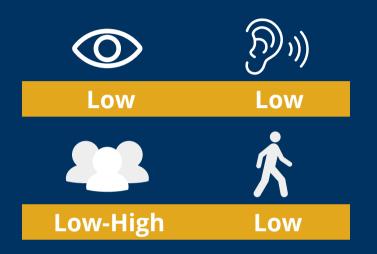


BAMPFA

Recreational time at Berkeley Art Museum and Pacific Film Archive.



BAMPFA (Indoors)

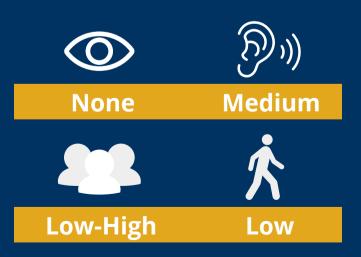


Bay Street Emeryville

Walk around Bay Street Emeryville Mall and visit different stores.



Bay Street Emeryville (Indoors/Outdoors)



Berkeley Marina

Walk around the Berkeley Marina with breathtaking views of San Francisco and the Golden Gate Bridge.



Low

Low-High



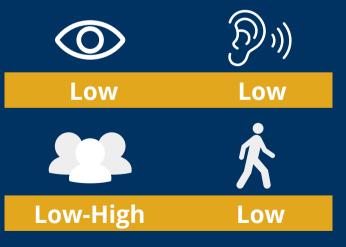
Berkeley Marina (Outdoors)

Berkeley Rose Garden

Berkeley's Historic Rose Garden is a regional destination with its 1,500 rose bushes and 250 varieties of roses, along with breathtaking views of the San Francisco Bay and the Golden Gate Bridge.



Berkeley Rose Garden (Outdoors)



Big C Hike

A short but steep hike up to the Big C with views of campus and the Bay Area.





None Lo





Low-High

High



Big C (Outdoors)

UC Botanical Garden

The 34-acre UC Botanical Garden is one of the most diverse landscapes in the world, with over 10,000 types of plants including many rare and endangered species.



UC Botanical Garden (Outdoors)





Low

Low



大

Low-High

Low-Medium

Fourth Street Shops

Walk along Fourth Street and visit different stores.







Fourth St., Berkeley (Indoors/Outdoors)

Low-High

Low

Indian Rock Park

Indian Rock Park is one of Berkeley's rock parks, providing great views and challenges for early-level rock climbing.





None

Low-Medium





Low-High

None

0

Indian Rock Park (Outdoors)

FALL 2022 GBO DAY IN THE BAY SENSORY GUIDE FIRST-YEARS

Bay Cruise

Ferry ride from Downtown Oakland to the Bay Bridge. Students will arrive to Downtown Oakland with their group via a charter bus.



Cruise Ship (Indoors/Outdoors)









Low

Chinatown Walking Tour

Guided walking tour in San Francisco's Chinatown. Students will travel to San Francisco Chinatown with their group via BART.



SF ChinaTown (Outdoors)





Low

Medium-High



大

200+

High

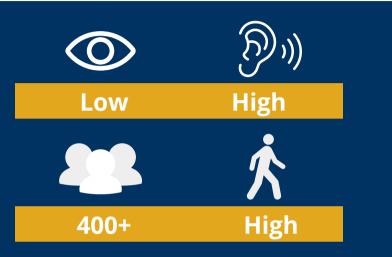
FALL 2022 GBO DAY IN THE BAY SENSORY GUIDE FIRST-YEARS

Oakland Ice Center

Ice Skating at indoor rink in Oakland. Students will travel to Oakland Ice Center with their group via BART.



Oakland Ice Center (Indoors)

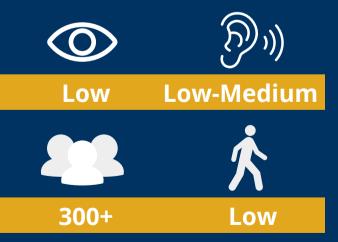


Oakland Museum

Recreational time at the Oakland Museum of California. Students will travel to Oakland with their group via a charter bus.



Oakland Museum (Indoors/Outdoors)



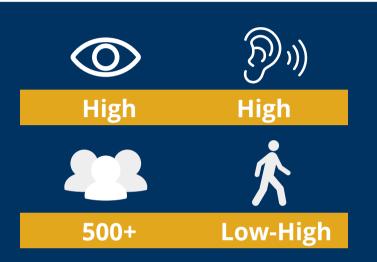
FALL 2022 GBO DAY IN THE BAY SENSORY GUIDE FIRST-YEARS

Plank

Bowling and Arcade Games at Plank. Students will travel to Plank with their group via a charter bus.



Plank, Oakland (Indoors/Outdoors)

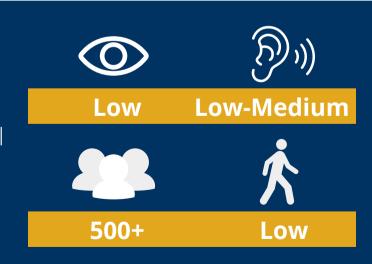


SF MOMA

Recreational time at the San Francisco Museum of Modern Art. Students will travel to SF MOMA with their group via BART.



SF MOMA (Indoors)



FALL 2022 GBO DAY IN THE BAY SENSORY GUIDE TRANSFERS

