



Parent & Supporter Orientation

hosted by
Cal Parents & Families and New Student Services

August 2022



Berkeley Golden Bear
Orientation



Family Transitions

Being a Coach to Your Student



Roll Call



It's a Partnership

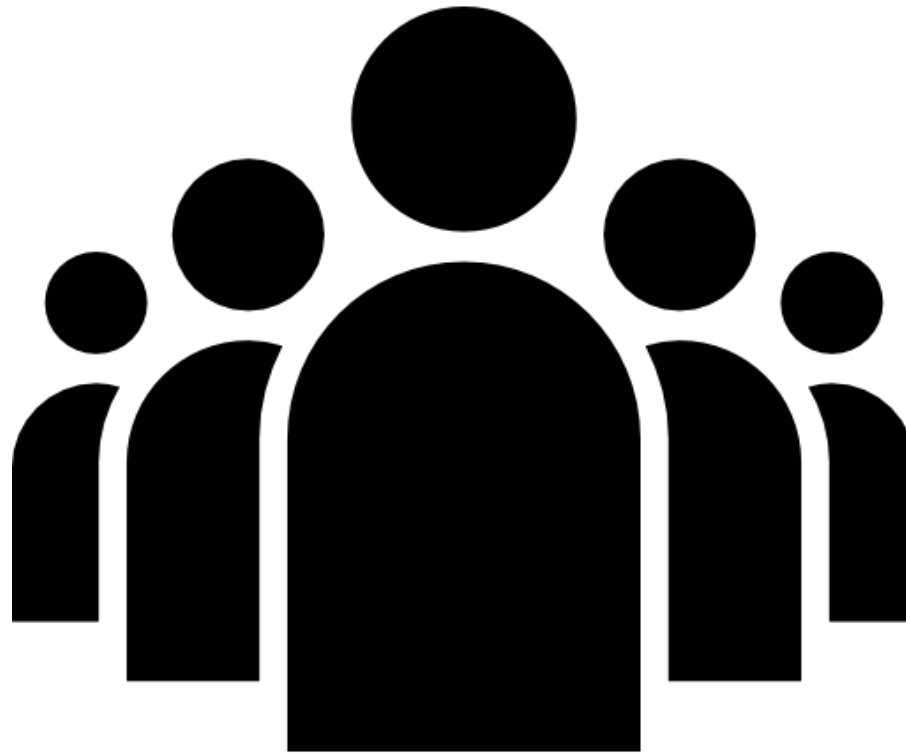
Partnership

- Campus partnerships
 - Innovation
 - More opportunities
 - Readjustment to circumstance
- Be a coach to your student.
- Be a partner to the university.





A Transition for the Whole Family



Coping With Change

- Expect change.
- Highs and lows.
- Transitions are difficult
- The subtle transformation
- Celebrate their experience

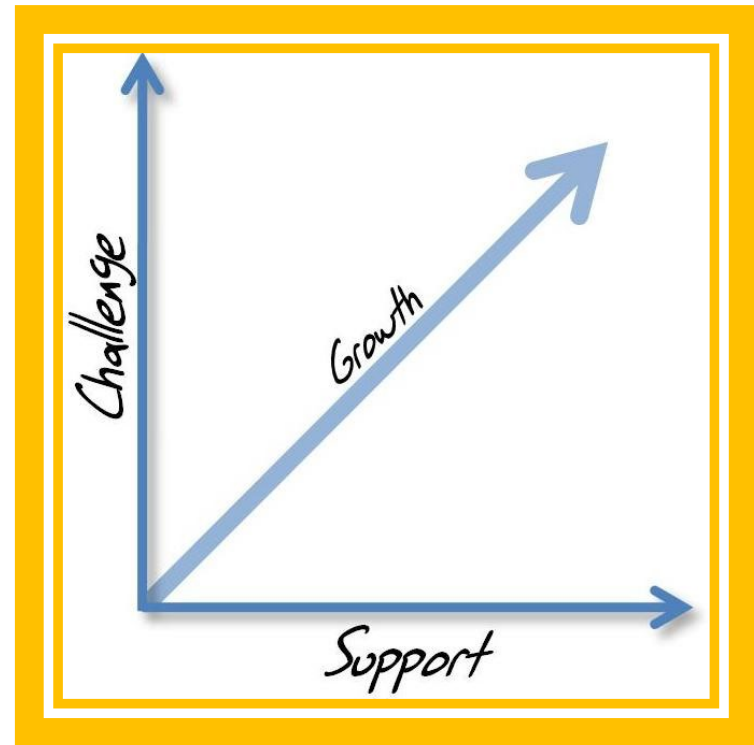


Be the Coach



Challenge and Support

- Support them, but don't be too quick to fix things yourself.
- Challenge your student to be independent.



Communication Is the Answer

- Your students don't know what you don't tell them
- Create a peace of mind plan
- Set mutual expectations and boundaries
- Discuss a realistic communication plan with your student.
- Check back- in on a regular basis





What about you?



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They Don't Know What You Don't Share

- Words of encouragement
- Anything you haven't had the chance to say.
- Your feelings or thoughts on this transition.
- Something you want your student to know while they are away at school.

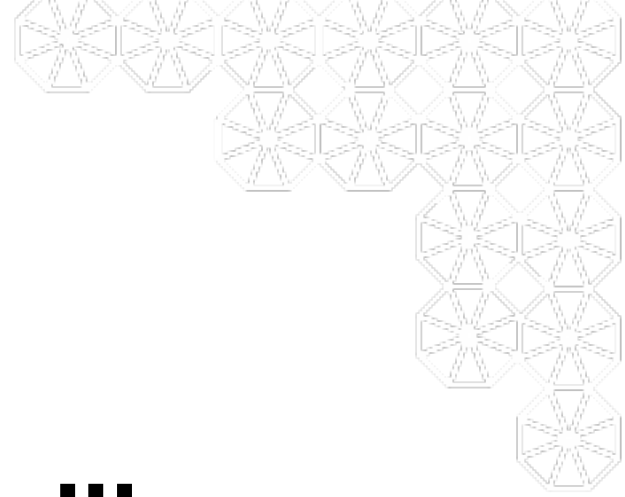




Family Educational Rights and Privacy Act (FERPA)

- Prohibits the sharing of a student's educational records unless the student has given permission.
- An educational record is any record that is maintained by the University and from which a student can be personally identified.
- All educational institutions which receive federal funds are required to comply.
- Health Insurance Portability and Accountability Act (HIPAA)





Cal Parents & Families





Cal Parents & Families

Cal Parents has four primary objectives:

1. Cal Parents is the central resource for connecting undergraduate parents and families to UC Berkeley
2. Empowering parents to help their students successfully navigate their Berkeley experience
3. Invite parents to support the University, through philanthropic donation
4. Offers volunteer opportunities for parents to connect with the Cal community



Cal Parents & Families

Cal Parents Resources

- Website calparents.berkeley.edu
- Phone (510) -672-4724
- Email calparents@berkeley.edu
- Philanthropy give.berkeley.edu/parents
- Volunteer calparents.berkeley.edu/ambassadors



Navigating & Understanding Campus Resources





Important Dates



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Important Dates

Date	Event
August 15	Financial Aid Disbursement
August 15	Deadline to waive Student Health Insurance Plan (SHIP) with \$75 fee
August 16-17	University Move In
August 17-22	Golden Bear Orientation
August 19	Fall tuition and registration fee payment due: paid in full or first installment of 20%
August 24	Classes Begin
September 5	Academic Holiday – Labor Day
September 23-25	Parents Weekend at Homecoming
November 11	Academic Holiday- Veteran’s Day
November 23	Non-Instructional Day
November 24-25	Academic Holiday- Thanksgiving
December 2	Formal Classes End
December 5-9	Reading/Review/Recitation Week
December 12-16	Final Exams
December 17	Residence Hall Move Out (Leave & Lock Buildings)
January 17	Spring 2023 Classes Begin



GBO Overview



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FALL 2022 GBO FIRST YEAR SAMPLE SCHEDULE

	WEDNESDAY August 17	THURSDAY August 18	FRIDAY August 19	SATURDAY August 20	SUNDAY August 21	MONDAY August 22
7:00 AM			New Student Breakfast			New Student Breakfast
8:00 AM		New Student Breakfast		New Student Breakfast	New Student Breakfast	
9:00 AM		Chancellor's New Student Convocation	Bear Pact Performance			
10:00 AM		Class Photo	Bear Pact Discussion		My Golden Years	
11:00 AM		Meet Your Group	Lunch	Day in the Bay Excursion		
12:00 PM		Lunch	Break		Intro to Berkeley	College Programming
1:00 PM	GBO Check-in	Opening Talk	Resource Fair			
2:00 PM		Break		Break	Banner Signing	
3:00 PM		Bear Foundations	OL Choice			
4:00 PM			Dinner	OL Choice	Break	Racial Justice & Advocacy Workshop
5:00 PM		Break			OL Choice	Affinity Spaces
6:00 PM		Dinner	OL Choice	Dinner	Dinner	Meet up with your Group
7:00 PM		Break		OL Choice	OL Choice	Dinner
8:00 PM						Group Closing
9:00 PM			Late Night Programming	Late Night Programming	Late Night Programming	Residence Hall Socials
10:00 PM		Late Night Programming				
11:00 PM						
12:00 AM						

Large-scale programming

Small group programming

Break

Getting Your Bearings
August 23- September 9

FALL 2022 GBO TRANSFER SAMPLE SCHEDULE

	WEDNESDAY August 17	THURSDAY August 18	FRIDAY August 19	SATURDAY August 20	SUNDAY August 21	MONDAY August 22
7:00 AM			New Student Breakfast			New Student Breakfast
8:00 AM		New Student Breakfast		New Student Breakfast		
9:00 AM	GBO Check-in	Chancellor's New Student Convocation	Cal to Career Connections		Break: Get settled in Berkeley, get ready for the last day of GBO before classes	
10:00 AM		Class Photo	Resource Fair	Bear Pact Performance		
11:00 AM		Meet Your Group	Lunch	Bear Pact Discussion		
12:00 PM		Lunch		Lunch		College Programming
1:00 PM		Opening Talk	Company Visits	Transfer Student Welcome		
2:00 PM		Break		Break		
3:00 PM		Bear Foundations		My Golden Years		Racial Justice & Advocacy Workshop
4:00 PM						Affinity Spaces
5:00 PM		Break	Intro to Berkeley	Dinner		Meet up with your Group
6:00 PM		Dinner		Ol' Choice		Dinner
7:00 PM		Break		Alumni Mixer		Group Closing
8:00 PM		Late Night Programming	Late Night Programming	Late Night Programming		Late Night Programming
9:00 PM						



Large-scale programming



Small group programming



Break

Getting Your Bearings
August 23- September 9



Student Panel



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Thank You



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